




CITY OF  
**COURTENAY**  
Recreation

# Kitchen Adventures

Week 1	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
9:00 am	<b>Happy</b>	Camp Sign In <b>Craft Room A</b> Rules, intro, name games, food Safety	Camp Sign In <b>Craft Room A</b> Icebreakers & food safety	Camp Sign In <b>Craft Room A</b> Cake Pop Part 1	Camp Sign In <b>Craft Room A</b> Field Games
10:00 am		Snack	Snack	Snack	Snack
10:30 am	<b>Canada</b>	Pancakes & Special Toppings	Pizzas	Cake Pop Part 2	Funfetti Cookies
11:00 am				Fruit Kebabs	
12:00 pm	<b>Day</b>	Lunch	Lunch	Lunch	Lunch
12:30 pm		Chocolate Chip Cookies	Waterpark	Edible Slime	Waterpark
1:30 pm		Waterpark	<b>Swimming at Outdoor Pool</b>		<b>Swimming at Outdoor Pool</b>
2:30 pm				Waterpark	
3:15 pm		Extra Target Practice & Free Time in the Gym	Games & Free Time in the Gym	Games & Free Time in the Gym	Games & Free Time in the Gym
4:00 pm		Camp Sign Out <b>Craft Room A</b>	Camp Sign Out <b>Craft Room A</b>	Camp Sign Out <b>Craft Room A</b>	Camp Sign Out <b>Craft Room A</b>

Each day please  
bring:

- Lunch & snacks
- Lots of water
- Swim suit & towel
- Sunscreen

Please don't bring:

- Money/  
valuables
- Electronics
- Nut products

Camp Leaders:

- Trista
- Kaycee
- Savanna